

# Sarah Smith School Counseling Parent Referral



Parent's Name: \_\_\_\_\_ Child's Teacher: \_\_\_\_\_ Date: \_\_\_\_\_

Is your child currently working with a mental health professional outside of the school environment?  Yes  No

I am referring my child for individual or group counseling for the following issues:

- |  |  |  |
|--|--|--|
| <input type="checkbox"/> attention issues ADD/ADHD | <input type="checkbox"/> family issues       | <input type="checkbox"/> sad/unhappy/ depressed      |
| <input type="checkbox"/> anger management          | <input type="checkbox"/> friendship/bullying | <input type="checkbox"/> self-control                |
| <input type="checkbox"/> argumentative             | <input type="checkbox"/> grief/loss          | <input type="checkbox"/> self-esteem/self confidence |
| <input type="checkbox"/> anxious                   | <input type="checkbox"/> perfectionism       | <input type="checkbox"/> social skills               |
| <input type="checkbox"/> divorce                   | <input type="checkbox"/> disorganization     | <input type="checkbox"/> other                       |

Briefly explain your concerns and provide examples of any observed behaviors:

\_\_\_\_\_  
By signing this form, I am allowing my child to participate in individual or group counseling sessions with the school counselor, LaTonia McDaniels. I hereby acknowledge that I am the legal guardian of the below named minor child. I understand that while counseling is generally confidential, where there is risk of harm to self or others, abuse, or other legal requirements, the counselor may be required to release information to protect clients or others. I understand that in order to provide service in accord with the highest ethical and legal guidelines and to insure the highest quality of service, the above information complies with state law, federal privacy acts, and professional ethical standards.

\_\_\_\_\_  
**Name of Minor Child**

\_\_\_\_\_  
**Parent/ Guardian Signature & Date**

\_\_\_\_\_  
**Parent/ Guardian Best Phone Number**